

HIGH IMPEDANCE ELECTRODE TIP

Cross-Reference to Related Application(s)

5 This patent application is a division of U.S. Patent Application No. 10/288,155, filed on November 5, 2002, which is a division of U.S. Patent Application No. 09/121,288, filed on July 22, 1998, now issued as U.S. Patent No. 6,501,994, which is a continuation-in-part of U.S. Patent Application No. 08/998,174, filed on December 24, 1997, entitled "RETRACTABLE LEAD WITH MESH SCREEN", now abandoned,
10 the specifications of which are incorporated by reference herein.

Field of the Invention

 The present invention relates generally to leads for conducting electrical signals to and from the heart. More particularly, it pertains to electrode tips for delivering
15 electrical charges to the heart, and to tips which tend to reduce power consumption from cells without reducing the effective level of each pace.

Background of the Invention

 Leads implanted in the body for electrical cardioversion or pacing of the heart
20 are generally known in the art. In particular, electrically transmissive leads may be implanted in or about the heart to reverse (i.e., defibrillate or cardiovert) certain life threatening arrhythmias or to stimulate contraction (pacing) of the heart. Electrical energy is applied to the heart via the leads to return the heart to normal rhythm. Leads have also been used to sense conditions, materials or events (generally referred to as
25 "sense" or "sensing") in the body, such as in the atrium or ventricle of the heart and to deliver pacing pulses to the atrium or ventricle. Tachy leads generally can at least sense, pace, and deliver defibrillation shocks. Brady leads can at least perform the combination functions of pacing and sensing the heart. One of the available functions of the pacemaker or the automatic implantable cardioverter defibrillator (AICD) is to

receive signals from a lead and interpret signals. In response to these signals, the pacemaker can decide to pace or not pace. The AICD can decide to pace or not pace, and shock or not shock. In response to a sensed bradycardia or tachycardia condition, a pulse generator produces pacing or defibrillation pulses to correct the condition. The
5 same lead used to sense the condition is sometimes also used in the process of delivering a corrective pulse or signal from the pulse generator of the pacemaker. .

Sick sinus syndrome and symptomatic AV (atrial-ventricular) block constitute two of the major reasons for insertion of cardiac pacemakers today. Cardiac pacing may be performed by the transvenous method or by leads implanted directly onto the
10 ventricular epicardium. Most commonly, permanent transvenous pacing is performed using a lead positioned within one or more chambers of the heart. A lead, sometimes referred to as a catheter, may be positioned in the right ventricle or in the right atrium through a subclavian vein or other vascular port, and lead terminal pins are attached to a pacemaker which is implanted subcutaneously. The lead may also be positioned in
15 both chambers, depending on the lead, as when a lead passes through the atrium to the ventricle. Sense electrodes may be positioned within the atrium or the ventricle of the heart as appropriate for the particular condition or the choice of the medical practitioner.

Pacemaker leads represent the electrical link between the pulse generator and
20 the heart tissue which is to be excited. These pacemaker leads include single or multiconductor coils of insulated wire having an insulating sheath. The coils provide a cylindrical envelope or tube, many times referred to as a lumen, which provides a space into which a stiffening stylet can be inserted. The conductive coil is connected to an electrode in an electrode assembly at a distal end of a pacing lead. Typically, a
25 terminal member is molded within a flexure sleeve at the proximal end of the pacing lead and connected to the proximal end of the conductive coil.

After the electrode assembly is positioned at a desired location within the heart,

it is desirable to provide some method for securing the electrode assembly at that location. Mechanical fixation devices are used to firmly anchor the electrodes in the heart. One type of mechanical fixation device used is a corkscrew, or a helix electrode connector. During placement of the lead, the tip of the lead travels intravenously
5 through veins and the heart. While traveling through the veins, the helix electrode connector at the tip of the lead may snag or attach to the side wall of the vein. Since this is highly undesirable as it may cause damage or other complications to a patient, retractable helixes are one of the optional constructions which have been provided for leads. In addition, temporary caps over the helix (such as an aqueous soluble cap,
10 particularly a water soluble, innocuous organic material such as a sugar, starch or other biologically inert, or digestible material such as sugars, starches and the like (e.g., mannitol, sorbitol)) may be formed over the helix or tip. Preferably these materials are at least soluble or dispersible and preferably are inert or even digestible.

When using a retractable helix, the helix is extended and screwed into the heart
15 muscle by applying a torque to the other end of the conductor without use of any further auxiliary device or with a special fixation stylet. A fixed or non-retractable helix electrode connector needs only to be positioned and secured to the heart muscle by the application of torque. If a soluble/dispersible cap is present on the helix, the cap must be given sufficient time to dissolve or disperse before complete securement of the helix
20 electrode connector is attempted. A lead must be capable of being firmly secured into the wall of the cardiac tissue to prevent dislodgement therefrom, while avoiding perforation of the electrode completely through the cardiac tissue.

The pulse generator circuitry and power supply work in concert with the electrodes as a system which provides electrical pulses to the heart tissue. A low
25 impedance electrode design may increase power delivery to the heart tissue, but at the same time, this higher energy usage results in shorter battery life. Shorter battery life is undesirable, since it increases the average number of surgical procedures to perform

battery replacement for a patient.

There is a need for a body-implantable lead that has a helix for fixation to the wall of the atrium or ventricle of the heart. A separate desirable feature in body-implantable leads is for a lead having an electrode for positioning within the atrium or ventricle that allows for tissue ingrowth. Tissue ingrowth further enhances the electrical performance of the lead. The lead and electrode are further stabilized within the heart as a result of tissue ingrowth. Furthermore, there is a need for a relatively high pacing impedance electrode design which offers reasonable average voltage threshold with sufficient signal amplitude so that the pacing function would be effectively provided with reduced energy utilization and consequently extend battery life.

Summary of the Invention

According to the present invention, there is provided a body-implantable lead assembly comprising a lead, one end of the lead being adapted to be connected to electrical supply for providing or receiving electrical pulses. The other end of the lead comprises a distal tip which is adapted to be connected to tissue of a living body. The lead is characterized by having either a) a porous electrode at the base of the helix and/or b) an insulating coating over a portion of the helix so that the impedance is increased for the helix as compared to a helix of the same size and materials without an insulating coating. The lead also has an increased impedance or high impedance which can act to extend the life of the battery. The high or at least the increased impedance may be effected in any of a number of ways, including, but not limited to one or more of the following structures: 1) a fully insulated tissue-engaging tip with an electrode at the base of the insulated tip, 2) a partially insulated engaging tip (only a portion of the surface area of the engaging tip being insulated), 3) a mesh or screen of material at the distal end of the lead, at the base of an extended engaging tip (whether

a fixed or retractable tip), 4) the selection of materials in the composition of the mesh and/or tip which provide higher impedance, 5) the partial insulative coating of a mesh or screen to increase its pacing impedance, and 6) combinations of any of these features. There may be various constructions to effect the high impedance, including
 5 the use of helical tips with smaller surface areas (e.g., somewhat shorter or thinner tips). There may also be a sheath of material inert to body materials and fluids and at least one conductor extending through the lead body. The use of these various constructions in the tip also allows for providing the discharge from the tip in a more highly resolved location or area in the tip.

10 According to the present invention, there is provided a body-implantable lead assembly comprising a lead, one end being adapted to be connected to electrical supply for providing or receiving electrical pulses. The lead further comprises a distal tip which is adapted to be connected to tissue of a living body. The lead also has a high impedance to extend the life of the battery. There may be various constructions to
 15 effect the high impedance. There may also be a sheath of material at the distal end of the lead assembly, with the sheath being inert to body materials and fluids and at least one conductor extending through the lead body.

The distal tip electrode is adapted, for example, for implantation proximate to the heart while connected with a system for monitoring or stimulating cardiac activity.
 20 The distal tip electrode includes an electrode tip (preferably with only a percentage of its entire surface area being electrically conductively exposed - only a portion of the surface is insulated - to increase its impedance), preferably a mesh screen disposed at a distal end of the electrode tip, a fixation helix disposed within the electrode tip, and a helix guiding mechanism. The mesh screen preferably is electrically active, and the
 25 area of the mesh screen and the percentage of electrically exposed surface area of the electrode tip can be changed to control electrical properties. Further, the mesh screen can entirely cover an end surface of the electrode tip, or a portion of the end surface in

the form of an annular ring. In one embodiment, the helix guiding mechanism includes a hole punctured within the mesh screen. Alternatively, the helix guiding mechanism can include a guiding bar disposed transverse to a radial axis of the electrode. The helix is retractable, and is in contact with a movement mechanism. The movement
5 mechanism provides for retracting the helix, such as during travel of the electrode tip through veins. The helix is aligned with the radial axis of the electrode and travels through the guiding mechanism. The mesh may be tightly woven or constructed so that there are effectively no openings, or the mesh can be controlled to provide controlled porosity, or controlled flow through the mesh.

10 In another embodiment, the electrode tip includes a mesh screen forming a protuberance on the end surface of the electrode tip. The protuberance is axially aligned with the radial axis of the electrode. The helix travels around the protuberance as it passes through the mesh while traveling to attach to tissue within the heart. The helix also travels around the protuberance as it is retracted away from the tissue within
15 the heart. If the mesh screen is insulated around the protuberance, then a high impedance tip is created. Advantageously, the protuberance allows for better attachment to the cardiac tissue without having the electrode tip penetrating therethrough.

Additionally, a distal tip electrode is provided including an electrode tip, a mesh
20 screen disposed at a distal end of the electrode tip, a fixation helix disposed within the electrode tip, and a helix guiding mechanism. The electrode tip further may include a piston for moving the helix. The piston further may include a slot for receiving a bladed or fixation stylet. When engaged and rotated, the piston provides movement to the helix. The base provides a mechanical stop for the helix and piston when retracted
25 back into the electrode tip.

In another embodiment, the distal tip assembly is adapted for implantation proximate to the heart while connected with a system for monitoring or stimulating

cardiac activity. A fixation helix/piston assembly is housed by an electrode collar, housing, and base assembly. Attached to the proximal end of the helix is a piston which includes a proximal slot for receiving a bladed or fixation stylet. When a stylet is engaged in the slot and rotated, the piston provides movement to the helix.

5 Depending on the embodiment, the fixation helix/piston assembly may be electrically active or inactive. The electrode collar, housing, and base all house the fixation helix/piston assembly. The proximal end of the electrode collar is attached to the distal end of the housing. Furthermore, the proximal end of the housing is attached to the distal end of the base, and the proximal end of the base is directly attached to the

10 conductor coils of the lead.

A mesh screen may be attached to the distal tip of the electrode collar. The mesh screen, in another embodiment, is electrically active and serves as the electrode on the distal tip assembly. The tip may then be fully insulated to increase the impedance of the tip or may be partially insulated (with preselected areas of the helix

15 tip being insulated and other areas being non-insulated) to adjust the impedance of the tip to the specific or optimal levels desired. The area of the mesh screen can be modified to cover differing portions of the end surface of the distal tip assembly to control electrical properties of the lead. The fixation helix travels through a guiding mechanism, where the guiding mechanism allows the fixation helix to be extended and

20 retracted. In one embodiment, the helix guiding mechanism includes a hole formed within the mesh screen. Alternatively, the helix guiding mechanism can include a guiding bar disposed transverse to a radial axis of the electrode collar. The mesh screen and/or guiding bar also serve as a full extension stop when the helix is fully extended. The base serves as a stop when the fixation helix/piston assembly is fully retracted.

25 The provided electrode tip supplies a retractable helix and a mesh screen which advantageously allows for sufficient tissue in-growth. The guide mechanism provides a convenient way to direct the rotation of the helix. A further advantage of the

electrode tip is the provided mechanical stop. The mechanical stop aids in preventing over-retraction of the helix during the installation or removal of the electrode tip.

In yet another embodiment, the electrode uses a partially insulated fixation helix to provide a relatively high pacing impedance electrode. The fixation helix is insulated
5 using insulating coatings over a portion of the fixation helix.

Brief Description of the Drawings

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| | Figure 1 | is a first side elevational view illustrating a lead constructed in accordance with one embodiment of the present invention. |
| 10 | Figure 2A | is a cross-sectional view of an electrode tip of a lead for monitoring and stimulating the heart constructed in accordance with one embodiment of the present invention. |
| | Figure 2B | is an end view of the electrode tip of the lead shown in Figure 2A. |
| 15 | Figure 3A | is a cross-sectional view of an electrode tip of a lead for monitoring and stimulating the heart constructed in accordance with one embodiment of the present invention. |
| | Figure 3B | is an end view of the electrode tip of the lead shown in Figure 3A. |
| 20 | Figure 4A | is a cross-sectional view of an electrode tip of a lead for monitoring and stimulating the heart constructed in accordance with one embodiment of the present invention |
| | Figure 4B | is an end view of the electrode tip of the lead shown in Figure 4A. |
| 25 | Figure 5A | is a cross-sectional view of an electrode tip of a lead for monitoring and stimulating the heart constructed in accordance with one embodiment of the present invention |

Figure 5B is an end view of the electrode tip of the lead shown in Figure 5A.

Figure 6 shows a partially insulated helical tip according to the present invention which increases the impedance of the tip as compared to a fully non-insulated helical tip.

Detailed Description of the Invention

In the following detailed description, reference is made to the accompanying drawings which form a part hereof, and in which is shown by way of illustration specific embodiments in which specific aspects of the broader invention may be practiced. These embodiments are described in sufficient detail to enable those skilled in the art to practice both the broad concepts of the invention as well as more limiting specific constructions, and it is to be understood that other embodiments may be utilized and that structural changes may be made without departing from the spirit and scope of the present invention as disclosed herein. Therefore, the following detailed description is not to be taken in a limiting sense, and the scope of the present invention is defined by the appended claims.

As noted previously, there are a number of ways in which increased impedance may be effected for mechanically fastened electrode connections in atrial/ventricular implantable catheters (AVIC) systems. These include at least the following: 1) a fully insulated tissue engaging tip (at least with respect to all surfaces that are in electrical contact or electrically active physical relationship to heart muscles so that a pace would be effective if discharged at that portion of the tip), 2) a partially insulated engaging tip (only a portion of the surface area of the engaging tip being insulated, preferably there is sufficient coating so that there is at least 5%, or at least 10%, or at least 20 or 30%, or at least 40, 50 or 60%, or at least 70, 75, 80 or 90% of the surface area of the tip which can discharge to heart muscle [or as

percentages of the entire tip or as percentages of the entire tip that extends physically beyond the end plane of the catheter and which may therefore penetrate tissue or muscle]), 3) a porous, electrically conductive element, such as a mesh or screen of material at the proximal end of the helix or the distal end of the lead (excluding the helix), at the base of an extended engaging tip, 4) the selection of materials in the composition of the mesh and/or tip which provide higher impedance, 5) the partial insulative coating of a porous conductive element, such as the mesh or screen to increase its impedance, and 6) combinations of any of these features. There may be various constructions to effect the increased or high impedance, including the use of helical tips with smaller surface areas (e.g., somewhat shorter or thinner tips). There may also be other elements associated with the catheter and/or leads, such as a sheath of material inert to body materials and fluids, circuitry, microcatheters, and at least one conductor extending through the lead body.

One aspect of the present invention comprises an implantable electrode with a helical tip comprising:

an electrode having a distal end and a proximal end; and

a helix disposed within the electrode, which helix is aligned along a radial axis of the electrode towards the distal end, and which helix is either retractable or fixed; and

the implantable electrode having at least one feature selected from the group consisting of:

a) the helix having a coating of an insulating material on its surface which covers at least 5% of its surface area but less than

95% of its surface area (which is exposed beyond the distal end of the electrode),

b) the helix extending beyond the distal end of the

electrode and the distal end of the electrode having a
 porous conductive surface at a base of the helix,
 c) a porous conductive element such as a screen or mesh at a base of
 the helix, which is retractable/extendable, with the helix being either
 5 active or inactive (electrically), and
 d) a partially insulated (partially insulation coated) porous
 conductive element (e.g., screen or mesh) at the base of an active or
 inactive, retractable/extendable or fixed helix.

The implantable electrode preferably has the helix with a coating of insulating
 10 material on its surface which covers from 5-100% (to 100% where there is an
 additional electrode element within the system) or 5-95% of surface area of the helix
 beyond the distal end of the electrode. Alternatively, the surface of the helix is that
 which is considered to be in electrically discharge-functional physical relationship
 with tissue or muscle into which it is embedded. For purposes of measuring or
 15 determining the distal end of the electrode, the tip extends beyond a tubular or
 cylindrical housing or structural portion which is considered the electrode, and the
 tip is an engaging portion that extends beyond the housing portion of the electrode.
 The distal end of the electrode is usually characterized as the end of the cylindrical
 housing or tubing carrying the tip, circuits, conductive elements, guides, etc.
 20 It is more preferred that the helix of the implantable electrode has a coating of
 insulating material on its surface which covers from 5-95% or 10-90% of the surface
 area of said helix beyond the distal end of the electrode.

A lead 10 is illustrated in Figure 1. The lead 10 comprises a lead body 11,
 an elongate conductor 13 contained within the lead body, and a lead tip 20 with an
 25 optional retractable tip assembly 24 contained in the lead tip 20. In addition, a stylet
 14 is shown inserted into the lead body 11. A helix 100 (Figures 2A - 5A), which
 consists of an electrical conductor coil, is contained in the retractable lead tip 24. In

an alternative practice of the invention, the helix 100 extends and retracts by rotation of the stylet 14, as will be discussed further below. A Brady lead body is shown, although the invention could be incorporated with other leads, such as Tachy leads. The lead body 11 consists of electrical conductors 13 which are covered by a
5 biocompatible insulating material 22. Polymers, such as silicone rubber, fluorinated resins, polyacrylates, polyamides ceramic or composite materials or other insulating material can be used for covering the lead body 11.

In one embodiment shown in Figure 3 and 3A, the helix 100 is formed of electrically conductive material offering low electrical resistance and also resistant
10 to corrosion by body fluids. A biocompatible metal, such as titanium or platinum-iridium alloy is an example of a suitable material. Alternatively, the helix 100 is electrically inactive or insulated. In one embodiment, the helix 100 may be coated with an insulative material (not shown) or may be constructed of a rigid, corrosion resistant, non-electrically-conductive material (e.g., a ceramic). A housing 182,
15 described in further detail below, is made from an electrically conductive material and covered with an insulating material such as a synthetic or natural polymer such as a silicone rubber. The housing 182 is directly connected to an electrical conductor within the lead 120. These materials are additionally suitable because they tend to be biologically inert and well tolerated by body tissue.

20 The helix 100 defines a lumen and thereby is adapted to receive a stiffening stylet 14 that extends through the length of the lead. The stylet 14 stiffens the lead 120, and can be manipulated to introduce an appropriate curvature to the lead, facilitating the insertion of the lead into and through a vein and through an intracardiac valve to advance the distal end of the lead 120 into the right ventricle of
25 the heart (not shown). A stylet knob 154 is coupled with the stylet 14 for rotating the stylet 14 and advancing the helix 100 into tissue of the heart.

In one embodiment, as shown in Figures 2A and 2B, a lead 310 has an

electrode tip 320 which is provided with a mesh screen 330. The mesh screen 330 completely encapsulates the diameter of the lead, and may serve, at least in part, as a pacing/sensing interface with cardiac tissue. If the helix 100 is electrically active, it too can help serve as a portion of a pacing or sensing interface. The mesh screen

5 330 is of a porous construction, preferably made of electrically conductive, corrosion resistant material. Using a mesh screen 330 having a porous construction allows for fibrotic ingrowth. This provides for a further anchoring of the lead tip 320 and also increases the sensing capability of the lead 310 by increasing the surface area in contact with the cardiac tissue. The mesh screen 330 may be attached

10 to an electrode collar 40, which is electrically active. In a retractable catheter system, a housing 380, which is electrically conductive, encapsulates the piston 350 and the fixation helix 100. Insulation 382 is disposed about the housing 380 and collar 40.

Disposed within the lead 310 is a lead fastener 100 for securing the lead 310

15 to cardiac tissue. The lead fastener 100 can be disposed along the radial axis 15 of the electrode lead 310. In this embodiment, the lead fastener comprises a fixation helix 100. The fixation helix 100 can be made electrically active or inactive as discussed above. Attached to the fixation helix 100 in a retractable tip system is a piston 350. The piston 350 is configured to mate with a bladed locking stylet 14 at a

20 stylet slot 354, and acts as an interface between the stylet 14 and the helix 100. The stylet 14, coupled with the piston 350 at the stylet slot 354, extends and retracts the fixation helix 100 when the stylet 14 is rotated. The piston 350 can either be electrically active or inactive. The piston 350 also has a slot 352, which allows the piston 350 to mate with a base 360.

25 Fitted with a knob 362, as shown in Figure 2A, the base 360 mates with the slot 352 of the piston 350. The base 360 serves as a stop once the fixation helix 100 is fully retracted. The electrically conductive base 360 also allows passage of a

bladed locking stylet 14 and attachment of electrode coils (not shown).

In addition, the lead 310 has a guide groove 370. The groove 370 is formed by puncturing a hole (not shown) within the mesh screen 330, although the guide groove 370 can be formed by other methods known by those skilled in the art.

- 5 Having a circular cross-section, the guide groove 370 may have a diameter greater than that of the conductor forming the helix 100. The groove 370 is disposed within the mesh screen 330, and directs the fixation helix 100 from its retracted position, as illustrated in Figure 2A, to an extended position (not shown). The groove 370 also reversibly directs the fixation helix 100 from an extended position to the retraction
10 position.

- In a second embodiment, as shown in Figures 3A and 3B, a lead 110 has an electrode tip 120 which is provided with a mesh screen 130. The mesh screen 130 completely encapsulates the diameter of the lead or electrode tip 120, and serves as the pacing/sensing interface with cardiac tissue. The screen 130 is of a porous
15 construction, made of electrically conductive, corrosion resistant material. Using a mesh screen 130 having a porous construction allows for fibrotic ingrowth. This provides for a further anchoring of the lead tip 120 to tissue and also increases the sensing capability of the lead 110. The sensing capability is enhanced because the mesh screen 130 has more surface area than corresponding solid material. The
20 ingrowth of fibrotic tissue into the mesh screen 130 increase the sensing capability of the lead 110 by increasing the surface area in contact with the cardiac tissue. Furthermore, the geometry of the mesh screen 130, particularly any protuberance, as will be discussed below, creates a high pacing impedance tip.

- The mesh screen 130 may form a protuberance 135 from a flat edge portion
25 137 of the mesh screen 130 in a generally central portion of the electrode tip 120. The protuberance 135 may be generally circular in cross-section, but may be any shape (e.g., truncated cylindrical, truncated pyramidal, oval, ellipsoidal, etc.) as a

result of design or circumstance which provides a flat or conformable surface (preferably not a rigid, sharp face which will not conform to tissue) abutting tissue, and preferably has a diameter smaller than a diameter of the lead 110. In addition, the protuberance 135 is aligned with the radial axis 15 of the lead 110. Sintered to
5 an electrode collar 40, a process known by those skilled in the art, the mesh screen 130 is attached to the electrode tip 120. The electrode collar 40 is electrically active.

Disposed within the electrode lead 110 is a lead fastener for securing the electrode lead 110 to cardiac tissue. The lead fastener can be disposed along the radial axis 15 of the electrode lead 110. In this embodiment, the lead fastener
10 comprises a fixation helix 100. The fixation helix 100 can be made electrically active or inactive to change sensing and pacing characteristics, as discussed above. Attached to the fixation helix 100 is a piston 150. The piston 150 is configured to mate with a bladed locking stylet 14, thereby providing a movement assembly. The stylet 14 extends and retracts the fixation helix 100 when the stylet 14 is rotated.
15 The piston 150 can either be electrically active or inactive. The piston 150 also has a slot 152. The slot 152 of the piston 150 allows the piston 150 to mate with a base 160 upon full retraction.

The base 160 is modified with a knob 162 to mate with the slot 152 of the piston 150. The knob 162 mates with the piston 150 to prevent over-retraction once
20 the helix 100 has been fully retracted. The stylet 14 operates to advance the fixation helix 100. As the implanter rotates the stylet 14, the stylet 14 engages the piston 150 at the stylet slot 154 and rotates the piston 150, which moves the fixation helix 100 through a guide groove 170. The guide groove 170 is for ensuring that the fixation helix 100 is properly guided out of and into the end of the electrode. Once
25 the fixation helix 100 is fully retracted, the base 160 serves as a mechanical stop. The base 160 also allows passage of a bladed locking stylet 14 and attachment of electrode coils. Additionally, the base 60 is electrically active.

The electrode lead 110 also has a guide groove 170. The groove 170 is formed by puncturing a hole within the mesh screen. Having a circular cross-section, the groove 170 has a diameter greater than that of the conductor forming the helix 100. The groove 170 is disposed within the mesh screen 130, and directs the
5 fixation helix 100 from its retracted position, as illustrated in Figure 2A, to an extended position (not shown). During implantation, after the electrode is in contact with tissue at the desired location in the heart, the stylet 14 is rotated which causes the piston to advance the fixation helix out of the groove 170. As the fixation helix 100 is placed in an extended position, the helix 100 travels through groove 170 and
10 circles around the protuberance 135. The groove 170 also directs the fixation helix 100 from an extended position to the retracted position. Advantageously, the mesh screen 130 prevents the implanter from overextension and advancing the helix 100 too far into the tissue. An electrically conductive housing 180 encapsulates both the piston 50 and the fixation helix 100. Insulation 182 covers the housing 180, the
15 collar 40, and a portion of the mesh screen 130. The insulation 182 over the mesh screen 130 controls the impedance of the electrode tip 120.

In a third embodiment as shown in Figures 4A and 4B, a lead 10 has an electrode tip 20 which is provided with a mesh screen 30. The mesh screen 30 completely encapsulates the diameter of the lead tip. Sintered to an electrode collar
20 40, the mesh screen 30 is attached to the electrode tip 20. The electrode collar 40 is electrically active. A housing 80 is disposed about the helix 100, and is electrically active. Insulation 82, encompasses the housing 80 and collar 40.

Disposed within the lead 10 is a lead fastener for securing the lead 10 to cardiac tissue. The lead fastener can be disposed along the radial axis 15 of the lead
25 10. In this embodiment, the lead fastener comprises a fixation helix 100. The fixation helix 100 can be made electrically active or inactive to change sensing and pacing characteristics.

The helix 100 is of a well known construction. Using a conductor coil such as helix 100 has been shown to be capable of withstanding constant, rapidly repeated flexing over a period of time which can be measured in years. The helix 100 is wound relatively tightly, with a slight space between adjacent turns. This closely coiled construction provides a maximum number of conductor turns per unit length, thereby providing optimum strain distribution. The spirally coiled spring construction of helix 100 also permits a substantial degree of elongation, within the elastic limits of the material, as well as distribution along the conductor of flexing stresses which otherwise might be concentrated at a particular point.

Attached to the fixation helix 100 is a piston 50. The piston 50 is configured to mate with a bladed locking stylet 14. The piston 50 advances the fixation helix 100 once the lead is placed in position within the heart. The piston 50 can either be electrically active or inactive. The piston 50 also has a slot 52 and a stylet slot 54. The stylet 14 couples with the stylet slot 54 and extends or retracts the fixation helix 100 when the stylet 14 is rotated. The slot 52 of the piston 50 allows the piston 50 to mate with a base 60 when the helix 100 is retracted to prevent over retraction. The base 60 is configured with a knob 62 to mate with the slot 52 of the piston 50. Once the fixation helix 100 is fully retracted, the base 60 serves as a stop at full retraction. The base 60 also allows passage of a bladed locking stylet 14 and attachment of electrode coils. In addition, the base 60 is electrically active.

The lead 10 also includes a guiding bar 70. Extending across the diameter of the tip, the guiding bar 70 is generally cylindrical in shape. The guiding bar 70 directs the fixation helix 100 from its retracted position, as illustrated in Figure 2A, to an extended position (not shown) as the piston 52 advances the helix 100. The guiding bar 70 also directs the fixation helix 100 as it is retracted from an extended position to the retraction position through the mesh screen. Although a guiding bar 70 is described, other types of guiding mechanisms can be used such as helical

passageways, threaded housings, springs, and are considered within the scope of the invention. Additionally, the lead 10 is provided with a seal (not shown) for preventing entry of body fluids and tissue from entering the lead through the opening therein. The seal could be a puncture seal between the piston 50 and the
5 base 60. Alternatively, O-rings could be used to seal the electrode.

In a fourth embodiment as shown in Figures 5A and 5B, a lead 210 has an electrode tip 220 which is provided with a mesh screen 230. The mesh screen 230 forms an annular ring having an open center, where the annular ring is centered at a radial axis 15 of the electrode lead 210. The mesh screen 230 provides more surface
10 area than a smooth tipped electrode which aids in sensing. The removal of the center portion of the mesh screen creates a high impedance pacing tip due to the nature of the surface geometry. Sintered, fused, bonded, adhesively secured or mechanically attached to an electrode collar 40, the mesh screen 230 is attached to the electrode tip 220. The electrode collar 40 is electrically active.

15 Disposed within the lead 210 is a lead fastener for securing the lead 210 to cardiac tissue. The lead fastener can be disposed along the radial axis 15 of the electrode lead 210. In this embodiment, the lead fastener comprises a fixation helix 100. The fixation helix 100 can be made electrically active or inactive as discussed above. Attached to the fixation helix 100 is a piston 250. The piston 250 has a
20 stylet slot 254 and is configured to mate with a bladed locking stylet 14. The stylet 14, coupled with the piston 250 at the stylet slot 254, extends and retracts the fixation helix 100 when the stylet 14 is rotated. The piston 250 can either be electrically active or inactive. The base 260 serves as a stop once the fixation helix 100 is fully retracted. The base 260 also allows passage of a bladed locking stylet
25 14 and attachment of electrode coils. The base 60 is electrically active.

Additionally, the electrode lead also has a guiding bar 270. The guiding bar 270 directs the fixation helix 100 from its retracted position, as illustrated in Figures

5A and 5B, to an extended position (not shown). The guiding bar 270 also directs the fixation helix 100 from an extended position to the retracted position. Although a guiding bar 270 has been described, other types of mechanisms could be used to extend the helix, and are considered within the scope of the invention. A housing 5 280 encapsulates the piston 250 and the fixation helix 100, and insulation 282 is disposed over the housing 280 and collar 40.

Insulation generally covers the housing, the collar, and a portion of the electrical discharge surface (e.g., the cathode, the helix and/or the porous material or mesh). The insulation over the mesh screen further controls the impedance of the 10 electrode tip. The insulated coating, whether present on the helix or the mesh or other elements which are potentially electrically active or on which electrical activity is to be suppressed, should be biocompatible, non-thrombogenic, and otherwise safe for implantation. The insulation coating should be of dimensions which effect the insulation, increase the impedance (where desired), but which 15 dimensions do not interfere with the performance of the tip, the lead or the helix or the health of the patient. The insulation is present as a coating (a material which tends to conform to the surface rather than completely reconfigure it, as would a lump of material). The coating usually should be at least 0.5 microns in thickness, usually between 0.5 and 100 microns, preferably between 1.0 and 30 or 50 microns, 20 more preferably between 1 and 20 microns, still more preferably between 1.5 and 15 microns, and most preferably between 1.5 or 2.0 microns and 10 or 15 microns. The coating may be provided by any convenient process, such as electrophoretic deposition, dip coating, spin coating, *in situ* polymerization, vapor deposition, sputtering and the like. Any insulating material is useful, such as polymers, 25 ceramics, glasses, and the like, but because of their convenience in application, flexibility and availability, polymers are preferred. Polymers from such classes as polyesters, polyamides, polyurethanes, polyethers, polysiloxanes, polyfluorinated

resins, polyolefins, polyvinyl polymers, polyacrylates (including polymethacrylates), and the like may be used with various leads and tips according to the practice of the present invention. PARYLENE is a preferred material, as described herein, with a thickness of between 1.5 and 10 microns.

5 In yet another embodiment, a partially insulated fixation helix is used to provide a relatively high impedance electrode design. Leads comprising a distal or electrode end and a proximal or connector end may be used. A “miniature” wire-in-basket porous electrode may be sintered upon the distal end of a metallic pin, provided with a blind hole. Circumferential to this subassembly, a sharpened wire
10 fixation helix may be positioned and attached at a general location proximal to the electrode by any convenient means which allows electrical continuity. This attachment includes, but is not limited to, crimping, spot welding, laser welding, the use of grooves upon the surface of the pin, the use of thin metallic overband (also not shown) or any combination thereof. A portion of this fixation helix is provided
15 with an extremely thin layer of a biostable, biocompatible polymer, which, *inter alia*, provides electrical insulation between the fixation helix and the cardiac tissue. In one embodiment, the insulated portion is the majority of the fixation helix, leaving a relatively small uninsulated region of fixation helix. This approach offers increased impedance to reduce energy dissipation in pulsing functions, such as
20 pacing functions. Other varying embodiments include, but are not limited to, a portion which is approximately or substantially equal to half of the fixation helix, and a portion which is approximately or substantially equal to a minority of the fixation helix. Such embodiments provide different amounts of uninsulated region and different amounts of impedance. The thin coating of electrically insulating
25 coating must usually be at least 1 micron in thickness to provide a significant insulating effect, depending upon its insulating ability and properties. The thickness of the coating is limited primarily by physical limitations on the system. The

coating can not be so thick as to interfere with the fastening ability of the helix or to increase the size of the helix beyond that which is tolerable for the use of the helix and the patient. Typically, the coating is at least one micron up to about 100 microns, more typically the coating is between 1 and 30 microns, preferably between 5 1.5 and 20 microns, more preferably between 1.5 and 15 microns, and most preferably between 2 and 10 microns. The material used for the coating should, of course, be biocompatible and even more preferably non-thrombogenic. Materials such as PARYLENE™, polyurethanes, polyacrylates (including polymethacrylates), polyesters, polyamides, polyethers, polysiloxanes, polyepoxide resins and the like 10 can be used. PARYLENE material includes a thermoplastic film polymer base upon para-xylylene. Crosslinked polymers within these classes may be preferred for their resistance to breakdown and their physical durability. As the coating is to be maintained within the body of a recipient, the coating composition should not be water-soluble or aqueous soluble within the parameters and environment 15 encountered within animal bodies (e.g., it should not be soluble within blood, serum or other body fluids with which it might come into contact).

To the proximal end of this pin, a metallic conductor coil may be conveniently attached to provide electrical connection to the implantable pacemaker (not shown) by means of a connector. In one embodiment, local (e.g., steroid or 20 other medicinal) therapy is provided by a (e.g., circumferential) steroid/polymer matrix positioned immediately proximal to the porous electrode. In one embodiment, the circumferential steroid/polymer matrix is provided with a distal taper. Other embodiments include other distal configurations, including, but not limited to, non-tapered or “inflated” configurations. In one embodiment, an 25 internalized, medicinal or biologically active (e.g., steroid) releasing matrix is used. Proximal to this biologically active (e.g., steroid) eluting matrix, a generally cylindrical polymeric tubing (this is the preferred shape, but the shape is a matter of

choice) 820 is used to provide electrical insulation of this entire assembly. In one embodiment, the lead is “unipolar.” In one embodiment, an ablative protective covering positioned over the entirety of distal end is used (not shown). One example of such a covering is the mannitol “Sweet Tip”[®] electrode of Guidant Corporation’s Cardiac Rhythm Management Group. In one embodiment, a “bipolar” lead is provided with the distal electrode features described.

During an *in vitro* evaluation of this electrode design, polymeric coatings intended to partially insulate the fixation helix were prepared and evaluated. In one embodiment, the PARYLENE coating is extremely thin ($\sim 3 \mu$), providing a coating with uniform coverage which is adherent to the metallic substrate, and which is controllable to provide an abrupt margin. The silicone rubber coating is known to be somewhat thicker ($\sim 10 \mu$), uniform in coverage, somewhat less adherent to the metallic substrate, and controllable to an abrupt margin. Other coatings may be used without departing from the spirit and scope of the present invention.

The PARYLENE or other insulative coating effectively increases *in vitro* “pacing impedance.” Application of a non-continuous or partially extensive coating of an electrically insulating polymer such as PARYLENE to the metallic fixation helix produces the desired increase in impedance compared to an uninsulated helix as well as other existing designs. For example, it has been demonstrated that one embodiment using a coated fixation helix provides a pacing impedance of over approximately 800 ohms which is larger than the impedance of some electrodes using an uncoated fixation helix. The post-implant pacing impedance of an embodiment using a coated fixation helix remains higher than that of typical electrodes using an uncoated fixation helix. In one experiment, a coated fixation helix using PARYLENE as an insulating layer provided over 1200 ohms average pacing impedance on the day of implantation and over 900 ohms ten days after the implant.

Additionally, post-implant average voltage threshold of the PARYLENE insulated miniaturized electrode is less than the other high impedance electrodes. Such performance is considered to be desirable. In one experiment, an embodiment with a coated fixation helix 802 having a voltage threshold of approximately 0.2
5 volts on the day of implant was measured at about 0.7 volts at ten days after the implant (using a 0.5 ms pulse width). An electrode with an uncoated fixation helix demonstrated over 0.8 volts average voltage threshold at ten days after the implant, illustrating the benefits of the coated fixation helix.

An additional benefit is that the coated fixation helix embodiments may
10 provide an improvement in both the implant as well as post-implant average S-wave amplitude detection.

The miniaturized high impedance, positive fixation porous electrode technology described here provides the following advantages over the prior art. For one example, the coated fixation helix embodiments provide an electrode where the
15 benefits of high impedance pacing are realized through downsizing the porous electrode and insulating the fixation helix. Downsizing of the porous electrode may be accomplished, for example, by having a smaller porous (e.g., mesh) electrode supported on a non-conductive surrounding support element (e.g., a polymeric or composite film with a mesh central area, particularly a mesh truncated conical or
20 pyramidal area of flexible, conductive mesh). An area of the completely conductive mesh may also be discontinuously coated leaving a conductive central or conductive raised area, particularly surrounding a contact, engaging element, or helix. Further, an external steroid collar provides a fabrication advantage since such a component can be readily mass produced compared to smaller components with elaborate
25 profiles. Still further, fabrication of a lead with this external collar is streamlined. The higher impedance design conserves battery power to provide longer battery life with fewer battery replacements. Other benefits exist which are not described in

detail herein, however, which those skilled in the art will appreciate.

Figure 6 shows a high impedance catheter tip 800 with a partially insulated tip 802 and a partially insulated mesh 808. The partially insulated tip (or helix) 802 extends from a base, proximal end 830 to a distal, pointed end 834 with a middle portion 836 lying between proximal end 830 and distal end 834. Helix 802 comprises one fully insulated section 804 which begins at distal, pointed end 834 and extends to, and ends with, middle portion 836 and one uninsulated section 806 which extends from the end of the fully insulated section within middle portion 836 to base, proximal end 830. The partially insulated mesh 808 comprises a first area 810 of the mesh 808 which is insulated and second area 812 of the mesh 808 which is not insulated. The impedance of the catheter tip can be readily controlled by the amount of surface area of the helical tip itself and the area of the mesh (if present) which is insulated. With a fixed conductivity in the tip and the mesh (if present), the impedance can be increased by increasing the percentage of the surface area of the tip or mesh which is insulated.

A hole 820 is shown in the mesh 808. The mesh 808 may be flat and flush with the end 822 of the catheter 816 or may be partially wrapped (not shown) over the end 820 or inside the end 820 to affix the mesh to the catheter 816. The mesh 808 may also be hemispherical, truncated conical, truncated pyramidal or any other shape which may assist in allowing the mesh 808 to more compliantly contact tissue (not shown) surface to transmit the pacing signal or discharge. Within the catheter 816 may be a soluble, elutable or dispersible material which carries medication or biologically active material along with the catheter. For example, anti-inflammatories, antibiotics, analgesics, pain-reducing medication, vitamins, anti-viral medication, or the like may be transmitted to the attachment site along with the catheter by inclusion within a material 814 carried within or on the catheter 816.

The coating of insulation on the helical tip or mesh may be applied by any

convenient method, including, but not limited to coating (e.g., dip coating), printing, spraying, brush application, resist application and removal and the like. The insulation may also contain active ingredients (such as those recited within material 814) to benefit the patient. The insulation carrying the active material must not be
 5 soluble, so a polymer or other material that is porous or has elutable materials must be used. The material delivery does not have to be coextensive with the life of the implant or the tip, and delivery of the material may be desirable only over a short time period after insertion of the helical tip and catheter.

A soluble or dispersible protective cap may also be placed over the helical
 10 tip to reduce the possibility of any incidental damage while catheterizing or moving the tip within a patient. As previously noted, the cap material should preferably be biocompatible or even digestible and may include such materials as natural and synthetic materials such as sugars, starches, gelation (unhardened), gums, resins, polymers, and the like. All components of the catheter and tip which are exposed to
 15 the tissue or fluids within a patient should be non-thrombogenic, and bio-acceptable. There are extensive classes of commercially available materials which meet these needs for metal, polymeric, composite and other materials described within the practice of the present invention.

It is to be understood that the above description is intended to be illustrative,
 20 and not restrictive. Although the use of the lead has been described for use in a cardiac pacing system, the lead could as well be applied to other types of body stimulating systems. Many other embodiments will be apparent to those of skill in the art upon reviewing the above description. The scope of the invention should, therefore, be determined with reference to the appended claims, along with the full
 25 scope of equivalents to which such claims are entitled.